

South African Powerlifting Federation
Gauteng Woman's Powerlifting Championships, South Africa, Gauteng, 18.04.2015
DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat			All Bench press			All Dead lift			TOTAL	W.pts.	Pts.			
Subjuniors																					
- 84 kg																					
1	Morley Ciara	2000	G	74.90	0.7132	11	60.0	70.0	75.0	1	40.0	45.0	45.0	1	80.0	90.0	95.0	1	210.0	149.77	12
Nation (points)																					
1	Gauteng	12	[12]	149.77 w.pts.																	
Best Lifters of Subjuniors																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Morley Ciara	Gauteng		74.90		0.7132		210.0		149.77											
Juniors																					
- 57 kg																					
1	Bryant Stacey	1992	G	55.40	1.1866	12	100.0	110.0	110.0	1	55.0	60.0	62.5	1	120.0	125.0	125.0	1	280.0	332.24	12
- 84 kg																					
1	Goosen Tammy	1993	G	76.20	0.9414	10	110.0	130.0	140.0	1	70.0	75.0	77.5	1	135.0	145.0	145.0	1	350.0	329.49	12
Nation (points)																					
1	Gauteng	24	[12+12]	661.74 w.pts.																	
Best Lifters of Juniors																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Bryant Stacey	Gauteng		55.40		1.1866		280.0		332.24											
2	Goosen Tammy	Gauteng		76.20		0.9414		350.0		329.49											
Seniors																					
- 52 kg																					
1	Casey Mariska	1978	G	48.20	1.3204	9	70.0	80.0	90.0	1	42.5	45.0	47.5	1	110.0	120.0	125.0	1	255.0	336.70	12
Nation (points)																					
1	Gauteng	12	[12]	336.70 w.pts.																	
Best Lifters of Seniors																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Casey Mariska	Gauteng		48.20		1.3204		255.0		336.70											

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
G = Gauteng

South African Powerlifting Federation
Gauteng Men's Powerlifting Championships, South Africa, Gauteng, 18.04.2015
DETAILED SCORESHEET

PL.	Lifters	BY	Nation	Weight	WF	Lot	All Squat				All Bench press				All Dead lift				TOTAL	W.pts.	Pts.
Juniors																					
- 93 kg																					
1	Smith Adrian	1995	G	92.75	0.6290	4	190.0	205.0	215.0	1	135.0	145.0	150.0	1	210.0	225.0	235.0	1	600.0	377.40	12
- 105 kg																					
1	Kloppers Andre	1995	G	101.65	0.6047	7	~~260.0~~	260.0	~~270.0~~	1	160.0	~~175.0~~	175.0	1	250.0	260.0	~~265.0~~	1	695.0	420.26	12
Nation (points)																					
1	Gauteng	24	[12+12]	797.67 w.pts.																	
Best Lifters of Juniors																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Kloppers Andre	Gauteng		101.65		0.6047		695.0		420.26											
2	Smith Adrian	Gauteng		92.75		0.6290		600.0		377.40											
Seniors																					
- 83 kg																					
1	Bester Kobus	1978	G	81.95	0.6726	5	160.0	170.0	180.0	1	140.0	145.0	147.5	1	175.0	190.0	205.0	1	532.5	358.18	12
- 105 kg																					
1	Burger Hendrik	1984	G	100.85	0.6066	6	~~150.0~~	150.0	167.5	1	100.0	107.5	112.5	2	175.0	190.0	205.0	1	485.0	294.17	12
2	Veldman Frikkie	1987	G	103.70	0.6002	1	77.5	X	X	2	210.0	225.0	~~232.5~~	1	77.5	X	X	2	380.0	228.07	9
Nation (points)																					
1	Gauteng	33	[12+12+9]	880.44 w.pts.																	
Best Lifters of Seniors																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Bester Kobus	Gauteng		81.95		0.6726		532.5		358.18											
2	Burger Hendrik	Gauteng		100.85		0.6066		485.0		294.17											
3	Veldman Frikkie	Gauteng		103.70		0.6002		380.0		228.07											
Masters 1																					
1	Lewis Gary	1972	G	101.00	0.6062	2	~~220.0~~	220.0	~~260.0~~	1	100.0	~~180.0~~	~~180.0~~	2	240.0	~~280.0~~	~~280.0~~	1	560.0	339.47	12
2	Phillips Mark	1968	G	99.90	0.6088	3	75.0	X	X	2	~~190.0~~	190.0	X	1	75.0	X	X	2	340.0	206.99	9
- 120 kg																					
1	Welgemoed Cornel	1970	G	108.60	0.5909	13	205.0	225.0	~~245.0~~	1	170.0	175.0	~~180.0~~	1	225.0	245.0	~~255.0~~	1	645.0	381.13	12
120+ kg																					
1	Herbt Mathys	1975	G	138.70	0.5596	8	220.0	240.0	~~250.0~~	1	120.0	135.0	142.5	1	225.0	245.0	260.0	1	642.5	359.54	12
Nation (points)																					
1	Gauteng	45	[12+12+12+9]	1287.14 w.pts.																	
Best Lifters of Masters 1																					
PL.	Lifter	Nation		B.Weight		WF		Total		W. points											
1	Welgemoed Cornel	Gauteng		108.60		0.5909		645.0		381.13											
2	Herbt Mathys	Gauteng		138.70		0.5596		642.5		359.54											
3	Lewis Gary	Gauteng		101.00		0.6062		560.0		339.47											

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
Out - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
G = Gauteng